

MIMM - Orientation Course in the Mountains

Would you like to be equipped with rucksack, map and compass, and try to find controls in the mountains? The Mammoth International Mountain Marathon is a two-day mountain competition undertaken by teams of two that leads its participants into the wilderness and beauty of the mountains.

What makes the Mammoth International Mountain Marathon – MIMM in short – so interesting? What is it that entices the participants to take on the exertions of this mountain competition?

The MIMM – this year it will take place in the Diemtig Valley on 16th and 17th August 2003 – is a two-day trial of your stamina in the Swiss mountains. On five courses varying in difficulty, between 40 and 70 performance kilometres are to be covered a day. This corresponds to about 12 to 25 distance kilometres and an incline of between 800 and 2000 meters. You will be constantly carrying a rucksack containing the equipment that is prescribed as well as your individual supplies. This will guarantee your safe survival in the mountains, even if the weather gets rough. At the start you will be given the coordinates of the controls as well as of the finish of the day's stage. Your aim will be to find the ideal route from control to control with the help of the regional map on the scale of 1:25000 and a compass. Between the two stages you will bivouac in a camp prepared by the organisers high up in the mountains and far away from civilisation. The necessary equipment will have to be carried by you during the entire march. After a more or less restful night in a miniature tent the second stage on Sunday will take you back to the starting point.

The MIMM is a demanding competition amid the beauty and wilderness of the mountains. The idea originates in England when, in the seventies, the first international Karrimor two-day mountain marathon was held. It had been commissioned by a rucksack manufacturer. In Switzerland the event has gradually been enlarged to today's size. A team of experienced organisers and numerous experienced helpers, supported by the well known mountaineering equipment manufacturer AROVA-MAMMOTH, will give the event a special and intimate touch.

What counts most during the entire competition are both the challenge and the pleasure for the participants as well as their safety. Those who are unable to for example produce the complete equipment required at the equipment check will be disqualified. Several radio controls in the area will survey the competition and enable immediate contact with the organisers down in the valley.

The fascination of the MIMM is hard to describe. But those who will have taken part in the event, either as participants or as members of the supporting teams, will fall subject to a passion of a special kind . . . We are looking forward to welcoming all participants on the 16th and 17th August and hope for a successful MIMM-weekend!

For further details see: www.mimm.ch